



## **RESOURCES DURING COVID-19**

Below is a compiled list of resources from the City of Los Angeles, other city institutions, and non-profits to help with the impacts of COVID-19. The information below includes contacts and links for food, health, housing, education, employment and disability, business, and technology resources in addition to a few others.

Please click [here](#) for resources specific to children and their parents/caregivers. For more details or questions, email our Kid’s Ministry Director, Kevin Weiner at [kevin.w@realityla.com](mailto:kevin.w@realityla.com).

We want to continue providing new resources as they become available. This document will be updated by end of day every Wednesday until further notice.

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## **GENERAL FOOD SOURCES**

[Los Angeles Food Bank Pantry Locator](#) - click the link for the closest food pantry/bank to you.

[Every Table](#) - offers meals to EVERYONE. Food distribution for seniors who need food brought to their homes. Food available for students. Food distribution centers that can distribute food to a group of people. If you need 10-10,000 meals, reach out to Everytable at (323)458-6487.

[St. Francis Center](#) - provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for those experiencing homelessness and low-income individuals in Los Angeles

[Elderly Meal Program Map](#)

[Community and Senior Centers Senior Lunch Programs](#)

## **LA COUNTY AREA-SPECIFIC RESOURCES FOR FOOD**

**Area 1: Antelope Valley** (includes Acton, Agua Dulce, Gorman, Lake Hughes, Lake Los Angeles, Lancaster, Littlerock, Palmdale, Quartz Hill, and others.)

- Grace Resource Center, Inc.
  - 45134 N. Sierra Hwy, Lancaster, CA. 93534
  - Phone: 661-940-5272
- Shekinah Worship Center
  - 42640 10th Street West, Lancaster, CA. 93534
  - Phone: 661-940-8378
- Salvation Army - Lancaster Corp
  - 44517 Sierra Highway, Lancaster, CA. 93534
  - Phone: 661-940-8378
- Palmdale Community Foundation-S.A.V.E.S.
  - 1012 East Avenue Q-12, Palmdale, CA. 93550
  - Phone: 661-267-5191
- SA-Mountain View Mobile Home Park
  - 3255 E. Avenue R., Palmdale, CA. 93550
  - Main Office in the Mobile Home Park
  - Phone: 661-947-4700
- Twin Lakes Community Church
  - 17213 Lake Los Angeles, Los Angeles, CA. 93591
    - Phone: 661-264-1215

**Area 2: San Fernando Valley** (includes Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, LA Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.)

- Freedom Church

- 9200 Owensmouth, Chatsworth, CA 91311
- SOVA - Community Food and Resource Program:
  - 16439 Vanowen Street, Van Nuys, CA. 91406
  - Phone: 818-988-7682
- House of Light Church Corporation
  - 19359 Londelius Street, Northridge, CA. 91324
  - Phone: 818-988-2931
- Congregational Church of Chatsworth
  - 20440 Lassen Street, Chatsworth, CA. 91311
  - Phone: 818-882-2474
- Burbank - Temporary Aid Center- B-TAC
  - 1304 West Burbank Boulevard, Burbank, CA. 91506
  - Phone: 818-848-2822
- Loaves & Fishes-Glendale
  - 4322 San Fernando Road, Glendale, CA. 91204
  - Phone: 818-409-3080
- **FOOD & CARE FOR THOSE EXPERIENCING HOMELESSNESS**
  - MEND Poverty: 10641 N. San Fernando Rd., Pacoima, CA 91331
    - Phone: (818) 897-2443 or (818) 896-0246
      - Care for those experiencing homelessness is on Tuesday mornings
      - Food distribution on Thursday and Fridays from 9 to 11 am
      - (For more info, click [here](#) and [here!](#))

**Area 3: San Gabriel Valley** (includes Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Claremont, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, Monrovia, Monterey Park, Highland Park, Pasadena, Pomona, San Dimas, San Gabriel, San Marino, Temple City, Walnut, West Covina, and others.)

- Freedom Church
  - 5609 York Blvd., Highland Park, CA 90042
  - Community meals for friends experiencing homelessness EVERY Saturday
- Foothill Unity Center
  - 191 North Oak Avenue, Pasadena, CA. 91107
  - Phone: 626-584-7420 / FAX: 626-584-7422
- Friends In Deed Food Pantry
  - 444 East Washington Boulevard, Pasadena, CA. 91104
  - Pantry Phone: 626-797-6072, Email- [pantry@ecpac.net](mailto:pantry@ecpac.net)
  - Agency Phone: 626-797-2402
- Foothill Unity Center - Monrovia
  - 415 West Chestnut Avenue, Monrovia, CA. 91016
  - Phone: 626-358-3486
- El Monte and South El Monte
  - El Monte Emergency Resources - Food Bank
  - 10900 Mulhall Street, El Monte, CA. 91731
  - Phone: 626-444-7269

- Salvation Army Food Bank – Pomona
  - 490 East LaVerne Avenue, Pomona, CA. 91767
  - Phone: 909- 623-1579 x201

**Area 4: Metro** (includes Boyle Heights, Central City, Downtown LA, Echo Park, El Sereno, Hollywood, Mid-City Wilshire, Monterey Hills, Mount Washington, Silverlake, West Hollywood, and Westlake.)

- Reality LA's Hope Center
  - 4903 Fountain Ave. Los Angeles, CA 90029
- Wilshire Boulevard Temple
  - 3663 Wilshire Boulevard, Los Angeles, CA. 90005
  - Phone: 213-388-2401
- Silver Lake Community Church
  - 2930 Hyperion Avenue., Los Angeles, CA. 90010
  - Phone: 323-663-3151
- Our Lady Queen of Angels Catholic Church
  - 535 North Main Street, (cross street- Cesar Chavez), Los Angeles, CA. 90012
  - Phone: 213-629-3101
- Sova- Community Food and Resource Program
  - 1140 North La Brea Avenue, West Hollywood, CA. 90038
  - Phone: 818-988-7682
- Food Net- Centro Maravilla
  - 4716 East Cesar Chavez Avenue, Los Angeles, CA. 90022
  - Phone: 323-260-2805
- Sova - Community Food and Resource Program
  - 8846 West Pico Boulevard, Los Angeles, CA. 90035
  - Phone: 818-988-7682
- St. Francis Center
  - 1835 South Hope Street, Los Angeles CA 90015
  - Phone: 213-747-5347

**Area 5: West** (includes Beverly Hills, Brentwood, Culver City, Malibu, Pacific Palisades, Playa del Rey, Santa Monica, and Venice.)

- St. Augustine's SAVES (Saint Augustine's Volunteer Emergency Services)
  - 3820 Jasmine Avenue, Culver City, CA. 90232
  - Phone: 310-838-2702
- St. Anne's Church and Social Services
  - 2013 Colorado Avenue, Santa Monica, CA. 90232
  - Phone: 310-829-4411
- WSFB – St. Joseph's Center
  - 204 Hampton Drive, Venice, CA. 90291
  - Phone: 310-396-6468

**Area 6: South** (includes Athens, Compton, Crenshaw, Florence, Hyde Park, Lynwood, Paramount, and Watts.)

- Food Net - East Rancho Dominguez
  - 15116 S. Atlantic Ave, Compton, CA 90221
  - Food Distribution: Tuesday - Friday (10A-4P) appointment needed
  - Call 310-603-7401 for Apt.
- Shields for Families-Social Service Agency-Food Bank
  - 11705 Deputy Yamamoto Place Lynwood, CA. 90262
  - Phone: 323-242-5000 ext. 4200
  - Food Distribution: Thursdays 10A- 2P
- Paramount Care Foundation
  - 8303 Alondra Boulevard, Paramount, CA. 90723
  - Phone: 562-531-6820
- (For Seniors):Greater Emmanuel Temple
  - Tuesday - Friday, 9am to 12pm
  - Call 424.296.0400

• **LYNWOOD UNIFIED SCHOOL DISTRICT**

- Lynwood High School
  - 4050 E Imperial Hwy, Lynwood, CA 90262
  - In the back of the campus, off of Harris St. Drive up/walk up
- Firebaugh High School
  - 5246 Martin Luther King Jr. Blvd, Lynwood, CA 90262
  - Front parking lot drive up/walk up
- Cesar Chavez Middle School
  - 3898 Abbott Rd, Lynwood, CA 90262
  - Front parking lot drive up/walk up
- Rosa Parks Elementary
  - 3900 Agnes Ave, Lynwood, CA 90262
  - Parking lot drive up/walk up
- Helen Keller Elementary
  - 3521 Palm Ave, Lynwood, CA 90262
  - Student drop off area drive up/walk up

**Area 7: East** (includes Artesia, Bell, Bellflower, Bell Gardens, Cerritos, City of Commerce, City Terrace, Cudahy, Downey, East Los Angeles, Hawaiian Gardens, Huntington Park, La Habra Heights, Lakewood, La Mirada, Los Nietos, Maywood, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, Signal Hill, South Gate, Vernon, Walnut Park, Whittier, and others.)

- Food Pantry - LAX
  - 355 East Beach Street, South Gate, CA. 90280 (Between - LaBrea & Centinela Streets)
  - Phone: 310-677-5597
- Hawaiian Gardens Food Bank

- 21411 Norwalk Boulevard, Hawaiian Gardens, CA. 90716
- Phone: 562- 860-9097
- Southeast Churches Service Center
  - 2780 East Gage Avenue, Huntington Park, CA. 90255
  - Phone: 323-585-8254
- St Mary's Place
  - 7215 Newlin Avenue, Whittier, CA. 90602
  - Phone: 562-698-0107

**Area 8: South Bay** (includes Athens, Avalon, Carson, Catalina Island, El Segundo, Gardena, Harbor City, Hawthorne, Inglewood, Lawndale, Lennox, Long Beach\*, Hermosa Beach, Manhattan Beach, Palos Verdes Estates, Rancho Dominguez, Rancho Palos Verdes, Redondo Beach, Rolling Hills, Rolling Hills Estates, San Pedro, Wilmington, and others.)

- Toberman Neighborhood Center
  - 131 N. Grand Ave., San Pedro CA 90230
- WSFB -Salvation Army
  - 324 E. Queen Street, Inglewood, CA. 90301
  - Phone: 310-677-3375
- Christ of Good Shepherd
  - Food Distribution Fridays 9:30am- 11:30am
  - Corner of 16<sup>th</sup> and Gundry
  - Phone: 562-674-0288
- St Margaret's Center
  - 10217 Inglewood Avenue, Lennox, CA. 90304
  - Phone: 310-672-2208

## **HEALTH**

[Claris Health](#)- for pregnancy and sexual health services, as well as parenting support.

[Virus Anxiety](#)- has a toolkit to deal with anxiety/stress from impacts of COVID-19.

### **Walgreens**

- Beginning March 13, 2020, Walgreens is waiving delivery fees for all eligible prescriptions during this evolving situation
- There will be free delivery on any purchase on Walgreens.com beginning March 13, 2020 and until further notice, with no minimum purchase required
- More Info: <https://news.walgreens.com/press-releases/general-news/walgreens-takes-further-action-to-support-customers-during-covid-19-pandemic.htm>

### **CVS**

- Beginning March 9th, 2020, CVS Pharmacy will waive charges for home delivery of prescription medications <https://cvshealth.com/newsroom/press-releases/cvs-health-announces-additional-covid-19-resources-focused-patient-access>

## **HOUSING (ADULTS 18-64)**

Governor Gavin Newsom issued an executive order that authorizes local governments to halt evictions for renters and homeowners, slows foreclosures, and protects against utility shutoffs for Californians affected by COVID-19.

- The order does not relieve a tenant from the obligation to pay rent, or restrict the landlord's ability to recover rent that is due. The protections are in effect through May 31, 2020, unless extended. The order also requests banks and other financial institutions to halt foreclosures and related evictions during this time period. The full Executive Order can be found [here](#).
- **Eviction Defense Network:** a nonprofit community organization dedicated to protecting the right to decent, safe, sanitary and affordable housing. Serve households facing eviction by providing consultations for a donation (no one turned away due to lack of funds) and/or providing representation in court on a sliding fee scale based on ability to pay (payment plans are available)
  - Please send an email to: [askanattorney@edn.la](mailto:askanattorney@edn.la). If you don't have email, send a text or call: 213/537-5473 and your request will be screened by a paralegal (For more information, click [here!](#))

### **STUDENTS/ FOSTER YOUTH**

- If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email [info@togetherwerise.org](mailto:info@togetherwerise.org) and they will provide or help you find housing during this transition.
- The Los Angeles Tenants Union is providing support around evictions. Find your local union at: <https://latenantsunion.org/en/locals/>



**THOSE EXPERIENCING HOMELESSNESS/LOW-INCOME INDIVIDUALS AND FAMILIES**

- St. Francis Center- provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for those experiencing homelessness and low-income individuals in Los Angeles. (For more information, click [here!](#))

**COLLEGE STUDENTS**

- U-Haul provides 30-day free storage for college students (For more information, click [here!](#))

## **EMPLOYMENT / DISABILITY**

**Labor laws** in California, please visit: <https://www.latimes.com/business/story/2020-03-12/coronavirus-labor-law-know-your-rights-california-worker>

**EDD's Frequently Asked Questions** - [https://edd.ca.gov/about\\_edd/coronavirus-2019/faqs.htm](https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm)

**Employee Benefits** for Workers Impacted by COVID-19 - Please visit [https://www.edd.ca.gov/about\\_edd/coronavirus-2019.htm](https://www.edd.ca.gov/about_edd/coronavirus-2019.htm)

**Paid Family Leave** - is available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional). [Learn how to file a Paid Family Leave Claim HERE.](#)

**Disability Benefits / Paid Sick Leave** - are available for those who have actually contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits). [Learn how to file a Disability Insurance Claim HERE.](#)

**Unemployment Benefits** - are available to those whose hours have been reduced or who have lost their job due to coronavirus measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1 week wait time and the person may not be required to be actively looking for work (as is usually required). [Learn how to file an Unemployment Insurance Claim HERE.](#)

- If your child's school is closed and you have to miss work to care for them. You might qualify for Unemployment Insurance benefits. [Learn how to file an Unemployment Insurance Claim HERE.](#)

**Tax Assistance** - Directly from the [Employment Development Department](#): "Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return.

**For questions, employers may call the EDD Taxpayer Assistance Center.**

- Toll-free from the U.S. or Canada: 1-888-745-3886
- Hearing impaired (TTY): 1-800-547-9565
- (For more information, click [here!](#))

### **Industry Specific Employment Services**

\*\*\*If there are resources for additional industries, please feel email me so it can be added.

- Freelance artists- click [here!](#)
- Bartenders- click [here!](#)
- Musicians, click [here!](#)

- Tipped workers/service workers, click [here!](#)
- Creatives, click [here](#) & [here!](#)

## **BUSINESSES (IMPACTED BY COVID-19)**

### **LOANS**

- **U.S. Small Business Administration** offers up to \$2 Million in Disaster Assistance Loans for Small Businesses impacted by COVID-19
  - (For more information, click [here](#), or contact the SBA disaster assistance customer service center at 1-800-659-2955 (TTY: 1-800-877-8339) or [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov).)
- **Los Angeles City Small Business Emergency Microloan Program**
  - For general eligibility, important documentation, and microloan terms, please visit: <http://ewddlacity.com/index.php/microloan-program>
    - To apply, please visit: [Log In - City of LA](#)
    - To check if your business falls within LA City limits, visit: <https://neighborhoodinfo.lacity.org>
- **How to get access to lending partners?** SBA has developed [Lender Match](#), a free online referral tool that connects small businesses with participating SBA-approved lenders within 48 hours.
  - **7(a) program** offers loan amounts up to \$5,000,000 and is an all-inclusive loan program deployed by lending partners for eligible
    - small businesses within the U.S. States and its territories. The uses of proceeds include: working capital; expansion/renovation; new construction; purchase of land or buildings; purchase of equipment, fixtures; lease-hold improvements; refinancing debt for compelling reasons; seasonal line of credit; inventory; or starting a business.
  - **Express loan program** provides loans up to \$350,000 for no more than 7 years with an option to revolve. There is a turnaround time of 36 hours for approval or denial of a completed application. The uses of proceeds are the same as the standard 7(a) loan.
  - **Community Advantage loan pilot program** allows mission-based lenders to assist small businesses in underserved markets with a maximum loan size of \$250,000. The uses of proceeds are the same as the standard 7(a) loan.
  - **504 loan program** is designed to foster economic development and job creation and/or retention. The eligible use of proceeds is limited to the acquisition or eligible refinance of fixed assets.
  - **Microloan program** involves making loans through nonprofit lending organizations to underserved markets. Authorized use of loan proceeds includes working capital, supplies, machinery & equipment, and fixtures (does not include real estate). The maximum loan amount is \$50,000 with the average loan size of \$14,000.
- **Exporting Assistance:** SBA provides export loans to help small businesses achieve sales through exports and can help these businesses respond to opportunities and challenges associated with trade, such as COVID-19. The loans are available to U.S.

small businesses that export directly overseas, or those that export indirectly by selling to a customer that then exports their products.

- **Export Express loan program** allows access to capital quickly for businesses that need financing up to \$500,000. Businesses can apply for a line of credit or term note prior to finalizing an export sale or while pursuing opportunities overseas, such as identifying a new overseas customer should an export sale be lost due to COVID-19.
- **Export Working Capital program** enables small businesses to fulfill export orders and finance international sales by providing revolving lines of credit or transaction-based financing of up to \$5 million. Businesses could use a loan to obtain or retain overseas customers by offering attractive payment terms.
- **International Trade loan program** helps small businesses engaged in international trade to retool or expand to better compete and react to changing business conditions. It can also help exporting firms to expand their sales to new markets or to re-shore operations back to the U.S.

## INSURANCE

Many businesses have business interruption insurance; now is the time to contact your insurance agent to review your policy to understand precisely what you are and are not covered for in the event of an extended incident.

## GOVERNMENT CONTRACTING

SBA is focused on assisting with the continuity of operations for small business contracting programs and small businesses with federal contracts. For more information on federal contracting, visit <https://www.sba.gov/federal-contracting/contracting-guide>

More specifically:

- **8(a) Business Development** program serves to help provide a level playing field for small businesses owned by socially and economically disadvantaged people or entities, and the government limits competition for certain contracts to businesses that participate. The 8(a) program offer and acceptance process is available nationwide, and the SBA continues to work with federal agencies to ensure maximum practicable opportunity to small businesses. 8(a) program participants should stay in touch with their Business Opportunity Specialist (BOS).
- **HUBZone** program offers eligibility assistance every Thursday from 2:00-3:00 p.m. ET at 1-202-765-1264; access code 63068189#. Members of the HUBZone team answer questions to help firms navigate the certification process. For specific questions regarding an application, please contact the HUBZone Help Desk at [hubzone@sba.gov](mailto:hubzone@sba.gov)
- **Women-owned Small Business firms** who have questions, please visit [www.sba.gov/wosbready](http://www.sba.gov/wosbready) or write to [wosb@sba.gov](mailto:wosb@sba.gov).

**LAY-OFF AVERSION** - Is your business facing the possibility of laying off employees or even closing? The Los Angeles County America's Jobs Centers of California (AJCCs) can help you get your business back on track.

- Specialized Business Service Representatives can work with you and your employees to minimize losses and improve morale.
- We can also assist your business with strategic planning to ensure that your business does not face a similar situation in the future. Contact your local Business Service Representative at an America's Job Center of California (AJCC) for more information by emailing [bizdev@wdacs.lacounty.gov](mailto:bizdev@wdacs.lacounty.gov) or calling (213) 810-1641.

# **TECHNOLOGY**

## **GOOGLE HANGOUTS**

- Starting March 3, 2020, we will begin rolling out free access to our advanced Hangouts Meet video-conferencing capabilities to all G Suite and G Suite for Education customers globally including
  - Larger meetings, for up to 250 participants per call
  - Live streaming for up to 100,000 viewers within a domain
  - The ability to record meetings and save them to Google Drive
- These features are typically available in the Enterprise edition of G Suite and in G Suite Enterprise for Education, and will be available at no additional cost to all customers until July 1, 2020. If you need help getting started, please visit our learning center page or follow the instructions outlined in our message to G Suite admins
- More Info: <https://cloud.google.com/blog/products/g-suite/helping-businesses-and-schools-stay-connected-in-response-to-coronavirus>

**SPECTRUM** - Internet beginning Monday, March 16, 2020 and for the following 60 days:

- Offers [secure public wifi hotspots](#)
- Offers to continue their Spectrum Internet Assist program: high-speed broadband program to eligible low-income households
- Offers two free months of internet and WiFi services for K-12 and college students affected by the current school closures, in households not already subscribed to Spectrum Internet. (For more information, click [here!](#))

**T-MOBILE** - for next 60 days, ALL current T-Mobile and Metro by T-Mobile customers have unlimited smartphone data for the next 60 days (excluding roaming).

- Giving all T-Mobile and Metro by T-Mobile customers 20GB of add'l mobile hotspot data
- Increasing data for schools in our EmpowerED program to ensure each participant has access to at least 20GB of data per month
- Making it free to call severely impacted countries
- Are working with our Lifeline partners to provide customers extra free data up to 5GB per month over the next two months. (For more information, click [here!](#))

**AT&T** - for the next 60 days beginning March 14th, 2020, AT&T is pledging to not terminate the service of any wireless, home phone or broadband residential or small business customer because of their inability to pay their bill due to disruptions caused by the coronavirus pandemic.

- Waive any late payment fees that any wireless, home phone or broadband residential or small business customer may incur because of economic hardship related to the coronavirus pandemic
- Keep our public Wi-Fi hotspots open

## **SUPPORT**

**Domestic Violence** - If you are concerned about being quarantined in an unsafe home situation or need help, all DV shelter resources are generally available on:

[domesticshelters.org](http://domesticshelters.org).

- **The National Domestic Violence Hotline** is also available 24/7 at 1-800-799-7233 (SAFE) or 1-800-787-3223 (TTY)
- **Sojourn Domestic Violence Services:** A shelter on the Westside of LA. The shelter is not accepting new referrals for the time being but their hotline is always open 24/7 for safety planning and peer counseling. Their hotline number is 310-264-6644.
  - For more information, click [here!](#)